



College of Health
and Human Services

2019 Annual Report



MAKING **HEALTH** VISIBLE

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The College of Health and Human Services works to improve the public's health and well-being across the lifespan.



Germaine Louis

Greetings

This year has been an exciting one for the College, as we continue to grow and offer new opportunities for students, research, and community involvement. In 2019, we made great strides in our journey to becoming a college of public health—achieving several important milestones with the hard work of faculty and staff. As such, we also updated our mission, vision, and core values to reflect our transition toward public health:

Vision – to improve the public's health and well-being across the lifespan.

Mission – to engage our diverse student body and faculty in transdisciplinary academics, research, and interprofessional practice to promote the health of populations while eliminating disparities.

Core Values – collaboration, excellence, inclusivity, integrity, student-centeredness, and impact.

We are dedicated to making Mason the best place to complete a degree, conduct research, or become a partner in health through our student focus, research of consequence, and dedication to service.

We are student-focused. We've launched several new degree programs this year—on-campus and online—providing students

with additional flexible pathways and taking advantage of innovative partnerships and technology. Students are engaged in experiential learning opportunities designed to develop and graduate future leaders in health careers.

We conduct research of consequence. Our research is positioned to positively impact the lives of thousands in important health areas, such as housing and transportation, interpersonal violence, nutrition, and the effect of chemicals in our environment and personal care products on our bodies.

We are dedicated to service. Community impact is woven throughout our academic programs to benefit our students and the communities they serve. We've had a tremendous impact in the community—opening our eighth and ninth Mason and Partners Clinics this year, introducing mobile therapy for high-risk opioid users, conducting voter outreach, helping underserved populations through the Chesapeake Remote Area Medical Clinic, and preparing for the opening of our Population Health Center.

I invite you to read more about the progress we've collectively made in 2019. Together—with our students, staff, faculty, advisory board, community partners, donors, and collaborators—we are *Making Health Visible* and accessible to Northern Virginia and beyond. We hope you will join us!

Sincerely,

Germaine M. Louis

Germaine M. Louis
Professor and Dean

On the cover: Student Advocacy Day on Capitol Hill – students from the Department of Social Work connect with members of Congress about the issues that are important to them.

committed

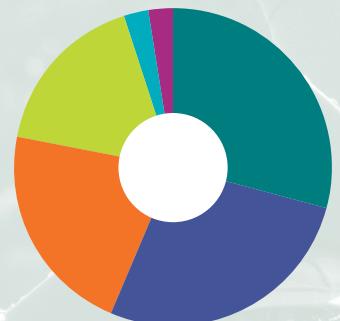
2018-19 Student Profile

STUDENTS ENROLLED
1,917 undergraduate
950 graduate

UNDERGRADUATE STUDENTS
39% first generation
54% Pell Grant eligible

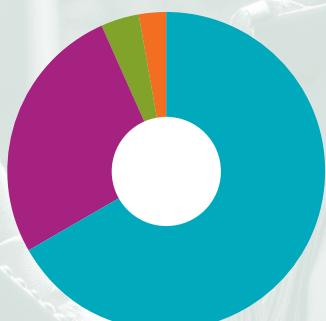
2018-2019 Degrees Awarded

SCHOOL OR DEPARTMENT
TOTAL DEGREES
866



- 254 Global and Community Health
- 236 Nursing
- 188 Health Administration and Policy
- 147 Social Work
- 21 Nutrition and Food Studies
- 20 Rehabilitation Science

DEGREE TYPE



- 579 Bachelor's
- 230 Master's
- 34 Doctorate
- 23 Certificates

GENDER



- 729 Female
- 137 Male

ETHNICITY



- 345 White
- 149 Asian
- 135 African American
- 128 Hispanic
- 109 Other* or not reported

*Native American, Pacific Islander, non-resident alien, or two or more ethnicities

2018 Graduates

LOCAL IMPACT

91% of all graduates stay in Virginia, Maryland, or Washington, D.C.
83% of undergraduates and 69% of graduate students stay in Virginia



Faculty

\$5.7 million in research expenditures

21 new faculty in FY19



EMPLOYMENT*

6.6% increase in the employment rate among undergraduate students
5.4% increase in the employment rate among graduate students
22% increase in average salary for undergraduate students
23% increase in average salary for graduate students

* Employment rate includes employment, further education, and military services among students who were seeking employment. Newest available data are for Class of 2018. Increases are 2017-2018.



Service and Community Engagement

MASON AND PARTNERS CLINICS

> 15,000 patients seen to-date
> 2,000 school physicals, immunizations, and developmental screenings delivered
\$2 million in medical care delivered
8th and 9th location opened

VOTER OUTREACH

700 homes canvassed leading up to the 2018 Election
150 voters registered
1,000+ voters assisted on Election Day



Lifelong Learning

240 students enrolled in online degree programs
200+ continuing education participants



Making Health Visible in Northern Virginia and Beyond

A Prime Location for Public Health in Northern Virginia

As the transdisciplinary health college at the fastest growing and most diverse Research I university in Virginia, the College of Health and Human Services is located at the heart of the most dynamic region in the country. With leading public health, policymaking, and community service organizations as our neighbors, the College is ideally located for researching, teaching, influencing, and improving public health.

Prioritizing Health and Well-Being in Northern Virginia

Area employers, legislators, and K-12 educators look to the College to ensure an

environment that prioritizes equitable health and well-being for our growing population. That is why we work closely with local school systems, policymakers, employers, and chambers of commerce to understand their challenges in keeping Northern Virginia healthy. We help stakeholders stay ahead of public health concerns with innovative initiatives like the Mason and Partners Clinics, the Music and Memory initiative, and school nutrition studies.

Building Tomorrow's Public Health Workforce

The College is well-positioned to meet Northern Virginia's increased demand for a career-ready health workforce

reflecting the diversity of the region. The College enrolls nearly 3,000 students in its nationally-recognized offerings each year, preparing them for careers in clinical care, social services, administration, policy, and public health. The College also extends its knowledge and expertise by training health professionals through workforce development initiatives such as the Northern Virginia Area Health Education Center (NVAHEC) and Screening, Brief Intervention, and Referral to Treatment (SBIRT).

Funding from the Health Resources and Services Administration (HRSA) through the Nurse Education, Practice, Quality, and Retention (NEPQR) and Advanced Nursing Education Workforce (ANEW) programs—

\$6.1 million to date—fuels our initiatives with remote and underserved populations, preparing the next generation to serve in the areas of highest need (HRSA No. D09HP26955, T94HP31874, D11HP29861, UK1HP31716). In addition, the College partners with more than 450 organizations such as large health care systems, insurers, assisted living facilities, and telemedicine services for hands-on student experiences.

This wealth of natural resources and commitment to population health underscores the College's role in making health visible in Northern Virginia and beyond as we become the first college of public health in the Commonwealth.



MAKING **HEALTH** VISIBLE

Becoming a College of Public Health



Mason

Mason's PhD in Public Health

- Department approved
- College approved
- Graduate Council approved
- Board of Visitors approved

SCHEV

State Council of Higher
Education for Virginia

- PhD proposal submitted
- External site visit completed
- PhD approved

CEPH

Council on Education
for Public Health

- Initial application submitted
- Initial application accepted
- Self-study submitted
- External site visit completed
- Accreditation approved

**College of
Public Health**



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Introducing the Population Health Center: The Intersection of Academics and Practice

Improving Health in Northern Virginia

All Virginians deserve to have a healthy life—where the definition of health includes the ability to thrive socially, mentally, and physically. To help achieve this goal, the College is proud to announce the first-of-its-kind Population Health Center located on George Mason University's Fairfax Campus. This ground-breaking research, clinical care, and professional development center is designed to unite the academic expertise and power of the College with the experience and capabilities of our community partners. Together, we strive to make health visible across Northern Virginia and to eliminate health disparities.



The Population Health Center is located on George Mason University's Fairfax Campus, adjacent to Peterson Family Health Sciences Hall.

The Population Health Center is an academic, research, and practice exemplar for population health. Its mission is to advance the public's health and eliminate disparities through the delivery of interprofessional health care, innovative research of consequence, and professional and workforce development. The Center accomplishes its mission through faculty mentoring, student-centered experiential learning opportunities, and research discovery and translation to ensure Mason graduates are career-ready and motivated lifelong learners. The Center is a dynamic resource for faculty and collaborators, while remaining student-centered and serving our community.

Interprofessional Care

The Population Health Center is home to the 10th Mason and Partners Clinic and serves as a hub for delivering interprofessional care and addressing the social determinants of health. It has an initial focus on the needs of vulnerable and underserved populations, such as behavioral health and substance use disorders; food and housing insecurity; and prescription affordability and will later be expanded to additional populations. Co-located community partners such as NOVA ScriptsCentral, Northern Virginia Family Service, and Partnership for Healthier Kids deliver wrap-around services in the Kaiser Permanente Community Wellness Hub, made possible by a grant from Kaiser Permanente. Grant funding from the Health Resources and Services Administration allows students to deliver interprofessional care for underserved populations in Northern Virginia and beyond (HRSA No. UK1HP31716, T94HP31874).

Population Health Research

The Population Health Center hosts the Mason: Health Starts Here cohort study, which assesses the impact of higher education on the health of young adults. This longitudinal study is designed to shape student health behaviors and learning while at Mason and over the lifespan. Student participants will receive information on their health status along the way and be given guidance for maximizing their health.

Professional and Workforce Development

The Population Health Center supports transdisciplinary development for practicing professionals and students. Interprofessional experiential learning opportunities allow for exploring evolving delivery methods such as telehealth and m-health (mobile health), evaluating new care models, analyzing health data, and applying evidence-based practice in health administration and policy, social work, nursing, nutrition, and global and community health. The Center houses the Northern Virginia Area Health Education Center (NVAHEC) and serves as the leading source of professional development for the region's health care workforce.

Population Health Center Leadership

Alison Cuellar, Caroline Sutter, and Rebecca Sutter are co-directors who oversee the tri-part mission of the Population Health Center and serve as advisors to the Dean. Rebecca Sutter oversees interprofessional care, Alison Cuellar directs research initiatives, and Caroline Sutter leads professional and workforce development efforts. Together, these distinguished leaders bring their respective expertise to build an innovative model for interprofessional collaboration among public health researchers, practitioners, community partners, and students.

At the Population Health Center, academics intersect with practice for greater public health impact.

Mason Becomes the First in Virginia to Offer a CEPH-Accredited Undergraduate Degree



In January 2019, the Bachelor of Science in Community Health program was accredited by the Council on Education for Public Health (CEPH). The College's CEPH-accredited program of public health now includes its existing Master of Public Health (MPH) with six highly specialized concentrations and its newly accredited bachelor's degree. Mason is the first and only academic institution in the Commonwealth of Virginia to offer a CEPH-accredited undergraduate degree in community health.

This additional accreditation by CEPH demonstrates our commitment to providing high-quality public health degree programs that prepare undergraduate and graduate students with the foundational knowledge, competencies, and specialized skills required to address the most pressing and emerging public health problems here in Virginia and beyond.

New Degree Programs

The following new programs in the College began accepting applications.

Veteran Licensed Practical Nurse (LPN) to Bachelor of Science in Nursing Pathway

The LPN-to-BSN (Veteran) pathway is an innovative, 12-month accelerated program that builds upon previous military health training.

Online Master of Social Work (MSW)

This fully online program mirrors the on-campus MSW program as an added, flexible option for completing an MSW at Mason in just over three years.

Bachelor of Science in Health Administration

This degree is now available as part of Mason's ADVANCE and ADVANCE online programs, which are new degree pathways designed to streamline bachelor's degree completion for students transferring from Northern Virginia Community College. This is the first online undergraduate program offered by the College.

New Faculty, Leadership, and Staff

Faculty and Leadership

Karen Brown

Program Director—Northern Virginia Area Health Education Center, School of Nursing

Tomeka Brown-Rolle

Clinical Placement Coordinator, School of Nursing

Kathleen Chang

Clinical Instructor, School of Nursing

Lawrence Cheskin

Professor and Chair, Department of Nutrition and Food Studies
Interim Chair, Department of Global and Community Health

Tracy Davidson

Instructor, School of Nursing

Panagiota Ferssizidis

Project Director, Virginia Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant Program

Pamela Fine

Instructor, School of Nursing

Zakevia Green-Lawson

Assistant Professor, Master of Science in Health Informatics Coordinator, Department of Health Administration and Policy

Tanya Haas

Assistant Professor, School of Nursing

Rosemary Higgins

Professor and Associate Dean for Research, Dean's Office

Kimberly Holmes

Associate Dean, Student Affairs, Dean's Office

Y. Alicia Hong

Professor, Department of Health Administration and Policy

Shanti Lloyd

Assistant Professor, School of Nursing

Juanita Lee

Clinical Instructor, School of Nursing

Denise Osborn-Harrison

Assistant Professor, Master of Health Administration Online Coordinator, Department of Health Administration and Policy

Cathleen Scully

Assistant Professor, School of Nursing

Helena Stacks

Simulation Center Coordinator, School of Nursing

Glenda Thomas

Assistant Professor, School of Nursing

Michelle Thompson

Director of Marketing and Communications, Dean's Office

Catherine Tompkins

Associate Professor and Associate Dean, Faculty Affairs, Dean's Office

Robert Weiler

Professor and Associate Dean, Academic Affairs, Dean's Office

Staff

Lisa Climer

Field Education Coordinator, Department of Social Work

Dolores Izer-Horn

Office Manager, SBIRT, School of Nursing

Bridget Jennison

Clinical Project Coordinator, School of Nursing

Katrina King

Empowered Communities Opiod Project Sr. Community Coordinator, School of Nursing

Nina Kwartin

Information Specialist, Department of Social Work

Kelvin Manurs

Community Health Navigator Lead, School of Nursing

Kristen Suthers Rumrill

Mason Music and Memory Project Coordinator, Department of Social Work

Redefining Nurse Education: School of Nursing Helps Address Shifting Health Care Needs

The School of Nursing is responding to shifting health care needs through undergraduate and graduate programs that prepare nursing students to address the social determinants of health and provide care to underserved populations who face obstacles when seeking health care services.

The Advanced Nursing Education Workforce (ANEW) Program focuses on preparing graduate nursing students for serving underserved and rural populations, emphasizing the importance of the social determinants of health. It builds upon the existing Mason and Partners (MAP) Clinic academic-practice model, enhances training, and improves competencies for advanced practice registered nursing students. ANEW is led by Co-Director of MAP Clinics and Associate Professor Caroline Sutter.

The Nurse Education, Practice, Quality and Retention (NEPQR) Program redefines undergraduate nursing curriculum, emphasizing the principles of public health, social determinants of health, and care of vulnerable populations. Students develop the skills needed to serve as "Care Coordinators" in the MAP and MAP extension site clinics,

including coordinating patient flow, compiling a care plan, and assembling an interprofessional team, if needed. NEPQR is led by Co-Director of the MAP Clinics and Associate Professor Rebecca Sutter.

These programs are made possible through two grants from the Health Resources and Services Administration (HRSA): a \$1.3 million grant for the graduate ANEW program (No. T94HP31874) and a \$2.7 million grant for the undergraduate NEPQR program (No. UK1HP31716).

"By exposing nursing students to these concepts in their education, we will produce graduates who are relevant and who have an expanded skill set focused on wellness and population care, with a renewed focus on patient-centered care, care coordination, data analytics, and quality improvement," Rebecca Sutter explains.



As part of the ANEW Program, nurse practitioner students joined nursing faculty to provide free health care to more than 120 patients at the Remote Area Medical Clinic in Chesapeake, Virginia, in May.



Northern Virginia Area Health Education Center Director Karen Brown greets participants at the Third Annual Refugee Wellness Conference in June.

Act Locally, Especially When It Comes to Recruiting and Training Health Care Professionals

The College is proud to house the Northern Virginia Area Health Education Center (NVAHEC) on George Mason University's Fairfax Campus. The Center is charged with building a health care workforce pipeline that reflects the communities they will be called on to serve, including Loudoun, Fairfax, Arlington, and Prince William counties—some of the fastest growing and most diverse counties in Virginia. NVAHEC delivers training initiatives across the state with funding from a Health Resources and Services Administration (HRSA) grant (No. U77HP26289). NVAHEC plays a variety of roles in making training happen—depending on what's needed.

"Our goal is to become the hub for Northern Virginia health professionals," explains NVAHEC Director Karen Brown. "We want to develop workers at all levels who are ready to serve in the quickly changing health care environment."

"Our goal is to become the hub for Northern Virginia health professionals."

2019 Health Policy Institute—Shaping Tomorrow's Health Policy Leaders

More than 30 students from the College participated in the 2019 summer Health Policy Institute (HPI), an annual week-long event packed with sessions from thought leaders in health policy and industry practitioners who help link theory to practice. The Institute culminates in a day on the Hill to meet with legislators and their staff.

More than 30 students participated in the 2019 Health Policy Institute to learn more about the factors shaping health care spending and policies.

The event is designed to provide students and professionals with front-row knowledge of health policy and the opportunity to meet with legislators and staff to discuss issues of importance to them. The Institute covered topics including the policy-making process; emerging models in health care delivery and payment; and how to effectively prepare for and navigate conversations with legislators. Attendees participated in the institute to learn more about the factors shaping health care spending and policies, including professionals from health care systems, hospital systems, state and local governments, clinicians, and insurers/payers.



Master of Science in Health Informatics Capstone students and Department of Health Administration and Policy Office Manager Tracy Shevlin.

Health Administration and Informatics Graduate Students Present Capstone Research

Each semester, students in the Master of Health Administration (MHA) and Master of Science in Health Informatics programs present their capstone projects, showcasing their leadership, management, and systematic problem solving skills. Assistant Professor Zakevia Green-Lawson and Interim MHA Program Coordinator Brenda Sheingold help ensure students are matched with organizations for their capstones.

As the culminating course for each program, the capstone allows students to use what they've learned in the classroom to solve real-world challenges, such as improving workflow and

developing business plans for local health organizations. Students work with organizations in all employment sectors. During the capstone course, the graduate students operate as an integral member of an organization to lead a project from design to completion.

Master of Health Administration (MHA) Capstone students.



During the capstones, Master of Health Administration (MHA) students presented their submission for the national health administration case competition hosted at the University of Alabama at Birmingham.



Research Discoveries

High Rates of Formula Use Found Among Low-Income Infants in Loudoun

SINA GALLO

See "Sociodemographic predictors of exclusive breast-feeding among low-income women attending a Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) programme" in *Public Health Nutrition* (June 2019).

Nurse Care Coordinators Are Key to Success of Patient-Centered Medical Home Programs

GILBERT GIMM, DEBORA GOLDBERG, LEN NICHOLS

See "Provider experiences with a payer-based PCMH program" in *Journal of General Internal Medicine* (April 2019).

Women with More Social Support Live Longer, New Study Finds

NANCY FREEBORNE

See "Perceived social support and the risk of cardiovascular disease and all-cause mortality in the Women's Health Initiative Observational Study" in *Menopause* (February 2019).



Electronic Cigarette Explosion and Burn Injuries Are Underestimated by Federal Agencies

MATTHEW ROSSHEIM

See "Electronic cigarette explosion and burn injuries, US Emergency Departments 2015–2017" in *Tobacco Control* (September 2018).



Mixed Chemicals in Beauty Products May Harm Women's Hormones

ANNA POLLACK

See "Exposure to bisphenol A, chlorophenols, benzophenones, and parabens in relation to reproductive hormones in healthy women: A chemical mixture approach" in *Environment International* (November 2018).

Air Pollution Is Associated with Increased Emergency Department Visits for Heart and Lung Disease

JENNA KRALL

See "A multicity study of air pollution and cardiopulmonary emergency department visits: Comparing approaches for combining estimates across cities" in *Environment International* (November 2018).

Married Women Living with Disabilities in Nepal Experience More Intimate Partner Violence

JHUMKA GUPTA

See "Disability status, intimate partner violence and perceived social support among married women in three districts of the Terai region of Nepal" in *BMJ Global Health* (October 2018).

New Grants and Contracts for Research and Practice

\$5.7M Research Expenditures FY19

College of Health and Human Services

Mason—Health Starts Here - Lawrence Cheskin, Alison Evans Cuellar
George Mason University Institute for Biohealth Innovation (Award No. 215030)

Center for Health Policy Research and Ethics

Curating and Advancing Research to Inform Policymakers and Advocates on Topics Pertinent to Health Reform Debate - Len Nichols
Altarum (Award No. SC-18-012)

Restoring Primary Care in Virginia: Using PCOR Implementation to Demonstrate Value, Year 4
- Len Nichols, Debora Goldberg
Agency for Healthcare Research and Quality through Virginia Commonwealth University (Award No. 5R18HS023913)

Linking Social Factors to Health in Arlington County (LINK) - Len Nichols
Northern Virginia Health Foundation through Arlington Free Clinic

Using Sustainable Local Investments to Support Integrated Health and Social Services: A Feasibility Study - Len Nichols
Commonwealth Fund (Award No. 2019227); Missouri Foundation for Health; Episcopal Health Foundation; and California Health Care Foundation (Award No. G-30338)

Center for Study of Chronic Illness and Disability

Model Systems Knowledge Translation Center (MSKTC), Year 3 - Ali Weinstein
U.S. Department of Health and Human Services through American Institute for Research (Award No. PO 0418100003)

Department of Global and Community Health

Cancer Health Disparities: Modeling Social, Hospital, and Policy Factors Associated with Colorectal Cancer Survival - Cara Frankenfeld
George Mason University (Award No. 215008)

Development of Manuscript with National Violent Death Reporting Systems (NVDRS) Data
- Cara Frankenfeld
Center for Disease Control through Safe States

GEST DC Study: Gestational Exposure to Traffic Pollution in the DC Metro Area

- Jenna Krall
George Mason University (Award No. 215007)

Informing Best Practices of Social Determinants of Underserved Populations in Greater Prince William County

- Jhumka Gupta
Novant Health

Innovative Approach to Quantify Exposure to Endocrine Disrupting Chemicals in Relation to Endometriosis Risk and Staging: Adipose to Serum Ratio

- Anna Pollack
Endometriosis Foundation of America

Modeling Prospects of Malaria Elimination in Haiti

- Michael von Fricken
George Mason University (Award No. 215010)

Vector Mapping of Ticks and Tick-Borne Pathogens of Mongolia

- Michael von Fricken
U.S. Navy through Vysnova Partners, Inc. (Award No. N6264518D5058-N6264519F0235)

Department of Health Administration and Policy

Analysis of Wandering Patterns of Individuals with Alzheimer's

- Janusz Wojtusiak
Virginia Center on Aging (Award No. 19-5)

Impact of Community Factors on Geographic Disparities in Diabetes and Obesity Nationwide

- Farrokh Alemi
Center for Disease Control through New York University (Award No. 1U01DP006299)

Department of Nutrition and Food Studies

The Impact of Salad Bars on Dietary Consumption Patterns in Elementary School Students

- Lilian de Jonge
National Institute of Health through Virginia Commonwealth University (Award No. 1R01HD098732)

Influence of Dietary Choline Intake on Sensory Processing Symptoms and Neurotransmitter Levels in Children with Autism Spectrum Disorder

- Margaret Slavin
American Egg Board

Vidas Activas, Famalias Saludables (VALÉ): A Multidisciplinary Childhood Obesity Treatment Program for Latino Communities, Year 2

- Sina Gallo
Potomac Health Foundation

Department of Social Work

Fairfax County Kinship Family Institute, Year 3

- Catherine Tompkins
Fairfax County (Award No. 4400009022 PO#8500385172)

The Implementation and Evaluation of a Student Ambassador Program for a Music & Memory Intervention

- Catherine Tompkins
Commonwealth of Virginia through 4-VA

Implementation and Evaluation of the Birdsong Project

- Catherine Tompkins
Virginia Department of Medical Assistance through Birmingham Green

Older Adults and Suicide: Knowledge, Skills, and Strategies for Awareness and Prevention

- Emily Ihara
Virginia Center on Aging (Award No. 13-7)

Title IV-E Child Welfare Stipend Program (CWSP), Year 2

- Michael Wolf-Branigin
U.S. Department of Health and Human Services through Virginia Department of Social Services (Award No. FAM-17-002)

Virginia Geriatric Education Center Geriatrics Workforce Enhancement Program (GWEP), Year 4

- Catherine Tompkins
Health Resources and Services Administration through Virginia Commonwealth University (Award No. PT111971-SC106962)

Virginia Nursing Facilities: The Music & Memory Initiative

- Megumi Inoue
Virginia Department of Medical Assistance (Award No. 10055)

School of Nursing

Area Health Education Center (AHEC) Point of Service Maintenance and Enhancement for the Northern Virginia AHEC Program

- Caroline Sutter
Health Resources and Services Administration through Virginia Health Workforce Development Agency (Award No. U77HP26289)

Advanced Nursing Education Workforce (ANEW), Year 1

- Caroline Sutter
Health Resources and Services Administration (Award No. 1T94HP31874)

BeWell: Substance Abuse and Mental Health Services Administration Primary and Behavioral Health Care Integration Grant, Year 3

- Nancy Kelly
Substance Abuse and Mental Health Services Administration through County of Fairfax (Award No. 1H79SM062209)

Bridging the Behavioral Health Gap-GPWCHC/GMU

Preceptorship Pipeline - Rebecca Sutter
Potomac Health Foundation through Greater Prince William County Health Center

Combating Opioid Overdose through a Peer Recovery Collaboration between Probation and Public Health

- Rebecca Sutter
U.S. Office of National Drug Control Policy through University of Baltimore (Award No. G1899ONDC06A)

Directly Observed Medication-Assisted Therapy for High-Risk Opioid Use Patients

- Rebecca Sutter
Northern Virginia Health Foundation

Empowering Communities for a Healthier Nation, Year 2

- Rebecca Sutter
U.S. Department of Health and Human Services through Virginia Department of Health (Award No. CPIMP171154)

Harm Reduction Approach to the Community Opioid Crisis

- Rebecca Sutter
Potomac Health Foundation

Mason Uniting Nurses and Other Health Professionals is an Interprofessional, Team-Based Approach to Evidence-Based Care (Mason UNITE), Year 3

- Cheryl Oetjen
Health Resources and Services Administration (Award No. 1UD7HP30923)

Nurse, Education, Practice, Quality, and Retention - Registered Nurses in Primary Care, Year 1

- Rebecca Sutter
Health Resources and Services Administration (Award No. 1UK1HP31716)

Project Evaluation for the Project LINK for Pregnant and Postpartum Women (PPW) Grant, Year 2

- Panagiota Ferssizidis
Substance Abuse and Mental Health Services Administration through Virginia Department of Behavioral Health (Award No. 1H79TI080766)

Train, Immerse, Motivate, and Integrate (TIMI) Project, Year 1

- Cathleen Scully
Substance Abuse and Mental Health Services Administration (Award No. 1H79TI081666)

The Virginia Screening, Brief Intervention, and Referral to Treatment (VA-SBIRT) Project

- Panagiota Ferssizidis
Substance Abuse and Mental Health Services Administration through Virginia Department of Behavioral Health (Award No. 5H79TI026665)



More than half of the mothers studied reported use of formula due to perceived insufficient milk supply.

New Study Finds High Rates of Formula Use with Low-Income Infants, Recommends Changes

The World Health Organization recommends exclusive breastfeeding for the first six months of life. However, new research led by Assistant Professor Sina Gallo found high rates of mixed breastfeeding and early introduction of formula among their sample of low-income, predominantly Hispanic immigrant women participating in the Women, Infants, and Children (WIC) federal food assistance program.

Published in *Public Health Nutrition*, the researchers found that 61% of infants in their sample received formula in the first few days of life. More than half of the mothers reported use of formula due to perceived insufficient milk supply. Going back to work was also commonly cited as a reason for introducing formula, and some cultural beliefs may have encouraged the use of a mix of both breast milk and formula. Mothers who set an exclusive breastfeeding goal were five times more likely to be exclusively breastfeeding

at three months postpartum than mothers who had not set this goal.

The researchers suggested that early breastfeeding can be initiated with education about when and how much to breastfeed and culturally appropriate support from clinicians. Gallo explains, "The main reason for the introduction of formula was a perceived insufficient milk supply—which is likely a preventable reason—and education on sufficient breast milk in the first few days as well as improved baby-friendly hospital practices such as skin-to-skin contact and feeding in the first hour can help mitigate this practice."

This research was supported by a grant from the National WIC Association and Centers for Disease Control and Prevention to the Loudoun County Health Department through the Community Partnerships for Healthy Mothers and Children program (No. U58DP005845).

Social Investments Could Create Significant Cost Savings for Medicare, Medicaid, Hospitals, and Health Insurers

Reliable access to housing, nutrition, and transportation are some of the best predictors of your future health. Research shows that investments in these healthy opportunities (commonly known as social determinants of health), can improve health and well-being while reducing health care and related costs.

And yet, adequate and sustainable financing of healthy opportunities has eluded most, if not all, communities in the United States due to the complexity of improving health and managing health care costs.

Len Nichols, professor and director of the Center for Health Policy Research and Ethics (CHPRE), and Lauren Taylor, doctoral candidate at Harvard Business School, offer a sustainable model for these investments in the August issue of *Health Affairs*.

The Collaborative Approach to Public Good Investment (CAPGI) project helps participants develop the skills and resources needed for communities to finance the integration of social and health services and provides specific tactics to improve cost and health outcomes.

Over the next year, Nichols and Taylor will collaborate with the Altarum Institute to teach interested communities the model, collect and assess data on potential for implementation, and create a road map for other communities to use in the future. This continuation is made possible with a \$500,000 one-year grant from the Commonwealth Fund (No. 2019227), Missouri Foundation for Health, Episcopal Health Foundation, and California Health Care Foundation (No. G-30338).

research

Investments in housing, nutrition, and transportation can improve health and well-being while reducing health care and social service costs.





Primary pollutants—such as car exhaust—have been associated with increased emergency room visits.

Air Pollution Is Associated with Increased Emergency Department Visits for Heart and Lung Disease

Outdoor air pollution is a major health threat worldwide. New research led by Assistant Professor Jenna Krall found that exposure to pollutants such as particulate matter, ground-level ozone, and nitrogen oxides was associated with increased emergency room (ER) visits. The study was published in *Environment International*.

"We found that primary pollutants—those that are emitted directly from a source, such as car exhaust—were associated with ER visits for cardiovascular and respiratory diseases," explains Krall. "Additionally, secondary pollutants—those that are formed through chemical reactions in the air—were linked to ER visits for respiratory diseases."

While many past studies were conducted on a single-city level, this study looked at pollution across five cities—Atlanta, Birmingham, Dallas, Pittsburgh, and St. Louis. They used electronic billing data on ER visits and a combination of ambient pollution monitoring station data and Community Multi-Scale Air Quality model estimates for pollution levels.

The researchers analyzed the associations

between cardiorespiratory ER visits and 12 major air pollutants to examine short-term changes in health as pollution varies on a daily basis.

This is also one of the first multicity studies to look at multiple air pollutants, including gases and particles, and multiple causes of ER visits, such as asthma and stroke. Previous work has commonly looked at one pollutant and multiple health outcomes, or multiple pollutants and one health outcome.

This publication was developed under Assistance Agreement No. EPA834799 awarded by the U.S. Environmental Protection Agency (USEPA) to Emory University and Georgia Institute of Technology as well as by funding from the Electric Power Research Institute (EPRI, No. 10002467). Research reported in this publication was also supported by grants to Emory University from the USEPA (No. R82921301), the National Institute of Environmental Health Sciences (No. R01ES11294), and EPRI (No. EP-P27723/C13172, EP-P4353/C2124, EP-P34975/C15892, EP-P45572/C19698, EP-P25912/C12525).

Chemicals Mixtures in Beauty Products May Harm Women's Hormones

As women go about their daily lives, they are exposed to many different environmental chemicals that could have negative effects on their reproductive hormones. These hormonal changes have been linked to several adverse health outcomes such as breast cancer and cardiovascular disease.

A new study published in *Environment International* by Associate Professor Anna Pollack and colleagues discovered links between chemicals widely used in cosmetic and personal care products and changes in reproductive hormones. Some chemicals (e.g., parabens and bisphenol A) were linked to increased estradiol, while others (e.g., ultraviolet filters and chlorophenols) were linked to decreased estradiol, follicle stimulating hormone, and luteinizing hormone.

The researchers used urine samples from 143 women ages 18 to 44, free of known chronic health conditions and not using hormonal contraception, who participated in the BioCycle Study (2005-2007).

This work was supported by the Intramural Research Program of the *Unice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health* (Contract No. HHSN275200403394C, HHSN27520110002I, HHSN275201100001I, and Task 1 HHSN27500001).



Disabled Married Women in Nepal Experience More Domestic Abuse

Married women living with disabilities in Nepal are more likely to experience intimate partner violence (IPV) than women without disabilities, according to a new *BMJ Global Health* study led by Associate Professor Jhumka Gupta. Courtney Harris, BS '16, MPH '18, who was a Mason graduate research assistant at the time, and global colleagues were co-authors.

Gupta explained, "Lack of inclusive services may create higher dependency on male partners. Broader social inequities, IPV acceptance, and stigma against disability status may further explain these observations."

This study was an output from the What Works to Prevent Violence: A Global Program, which is funded by the UK Department for International Development (DFID, No. P06254).



Since opening in 2017, the Mason and Partners Clinic at Fairfax County Public Schools' Dunn Loring Administration Center has helped more than 2,000 students meet school entrance requirements and has delivered more than \$1.2 million in medical care.

2,000 Healthy Beginnings

Each year, more than 190,000 students and their families across Fairfax County partake in the annual ritual of getting immunizations and school physicals. Doctors' offices fill out school forms by the thousands and children brace themselves for shots.

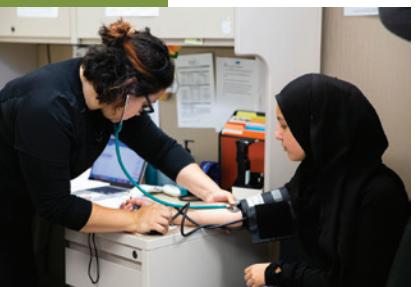
But what if your family is new to the county, doesn't have insurance, and perhaps doesn't speak English as a first language? This is the case for thousands of families who enter Fairfax schools every year. Often, the lack of accessible and affordable care can create challenges in the school registration process and result in students missing as many as 90 days of school until their immunizations and physicals are up to date.

School of Nursing and lead nurse practitioner at the MAP Clinic at Dunn Loring Center. "Students can receive immunizations, school physicals, lead screenings, referrals for TB testing, and screenings for developmental milestones—all at no cost, and in time for the first day of school." In fact, 80 percent of immunizations administered at this clinic happen at the time of school registration—delivering a benefit to the community and removing a substantial barrier for families and schools.

What does the future hold for the MAP Clinic at Dunn Loring Center? "We'd like to offer free TB testing as well; however, at \$60 per test, we currently aren't able to offer this service," says Lloyd. The clinic is also developing its telehealth capabilities and training programs for health professionals so students from the College can serve remote populations and those with transportation challenges to ensure healthy beginnings regardless of zip code.

In response, the College opened a Mason and Partners (MAP) Clinic in partnership with Fairfax County Public Schools at the Dunn Loring Administrative Center—where more than 4,600 families come to register their children for school each year.

"It is a huge benefit to families to have one stop for school readiness," explains Shanti Lloyd, assistant professor in the



Remote Clinic Provides Care for Underserved Patients and Hands-On Learning Opportunities for Nursing Students

In May, 13 graduate nursing students traveled to Chesapeake, Virginia, to assist with a clinic run by Remote Area Medical (RAM), a nonprofit provider of free mobile clinics. In preparation for the clinic, students researched resources in the area and examined data to determine diseases and illnesses prominent in the area. The nurse practitioner students and faculty served as primary care providers at the clinic, while other volunteers provided dental and vision services.

The nurses made health recommendations, wrote prescriptions, and provided the equivalent of \$36,000 in basic care

to more than 120 patients in one weekend. Many of the patients were uninsured, unable to afford an insurance copay, or unfamiliar with how to access care.

The nurses participated with funding from the Advanced Nursing Education Workforce (ANEW) grant from the Health Resources Services Administration, which supports innovative academic-practice partnerships to prepare primary care nurses to practice in rural and underserved settings through academic and clinical training (HRSA No. T94HP31874).

"Through the ANEW grant, we've not only learned about population health, but I think more importantly we've been given opportunities to apply our skills, which really sets us apart from other schools," said nurse practitioner student Jennifer Rickerby, adding that the RAM clinic was a great opportunity to see other populations not specific to Northern Virginia.

In addition to volunteering at the RAM clinic, Mason students regularly participate in the College's Mason and Partners Clinics, which serve uninsured communities in Prince William and Fairfax counties.



Nurse practitioner students and faculty participated in the Remote Area Medical Clinic where they provided \$36,000 in basic care to more than 120 patients.



Mason and Partners Clinic Locations

New Mason and Partners Clinic

In March, the School of Nursing opened a new Mason and Partners (MAP) Clinic site on the SERVE campus of Northern Virginia Family Service in Prince William County. SERVE houses a number of community services, such as food and shelter, services for children, dental services, and health care.

In planning for a new MAP Clinic site, co-directors and nursing faculty Caroline and Rebecca Sutter assessed health care needs and access across Northern Virginia. They opened the ninth MAP Clinic on the SERVE campus because they identified it as being at the highest risk for access to health care.

This MAP Clinic is unique because it is Registered Nurse-driven, providing important leadership opportunities and experiential learning for undergraduate students. It is also one of the first MAP clinics using telehealth technology to expand their capacity for care delivery, linking to the Manassas Park MAP Clinic one day per week.

community

Mobile Medication-Assisted Therapy Program to Address Substance Use

Accidental death related to drug overdose is now the leading cause of unintentional death in the United States, and traditional behavioral interventions for opioid abuse have high relapse rates.

The Northern Virginia Health Foundation awarded two College faculty members a \$100,000 grant to implement and evaluate the effectiveness of a Mobile Medication-Assisted Therapy (MAT) Program in the Prince William Health District, in partnership with NOVA ScriptsCentral.



MAT uses FDA-approved medications, in combination with counseling and behavioral therapies, to provide a whole patient approach to the treatment of substance use disorders. The project, led by Co-Director of the Mason and Partners Clinics and Associate Professor Rebecca Sutter and Professor Alison Cuellar, will address the continuing challenge of opioid overdoses and lack of outpatient resources by increasing access for marginalized groups.

"Medication for opioid use disorder is effective but it requires that individuals stay on their medication and take it consistently," explains Cuellar. "Taking a traditional public health approach, our mobile van brings treatment to at-risk individuals in the community and connects them to peers who can support their recovery efforts."

Candace Cane, nursing faculty, family nurse practitioner, and primary provider on the Mobile Medication-Assisted Therapy (MAT) van is pictured inside the MAT van.



Thad Messenger canvasses in Arlington to help Get Out the Vote.

Social Work Students Help Get Out the Vote

Last fall, the Department of Social Work offered a political social work course (SOCW 676), an elective focused on educating and mobilizing voters in underserved communities. Twelve Master of Social Work (MSW) students took the course taught by Professor Sunny Harris Rome.

Students developed projects to engage voters in area nursing homes, African American churches, Asian American neighborhoods, and local Latinx gathering places. Together, they educated more than 12,000 potential voters online, registered more than 150 voters, canvassed 700 households, and assisted more than 1,000 voters on Election Day.

"This course was so important to offer to our students to bring the idea of social justice to life. Now they see the real impact they can have in making sure every eligible voter has a say in our democracy," says Harris Rome.



Danielle Johnson and Corrine Bowen participate in a League of Women Voters event at Hayfield High School.

12,000 potential voters reached
150 voters registered
700 households canvassed
1,000 voters assisted



Nigel Walker and Solange Mwadjuma

Master of Health Administration Students

Nigel Walker and Solange Mwadjuma, Mason students pursuing Master of Health Administration in Health Systems Management degrees, joined other students on a visit to Capitol Hill this summer to meet with legislators and their staffs. Coordinated annually by Mason's Health Policy Institute, the visit provides students and professionals with in-depth knowledge of health policy processes, including how to effectively prepare for and navigate conversations with legislators.

"With just the experience of that one day of meetings, I can see the appeal in working on federal health policy," said Walker. "A vast number of entities and interests are affected when enacting policy, and it takes a lot of time and effort to make sure that all of those viewpoints are considered."

"As a veteran, nurse, and African American man, I feel welcomed, valued, and appreciated as a member of this community."



Ahmad Clemons

Doctor of Nursing Practice (DNP) Student

Veteran Ahmad Clemons served in the U.S. Air Force for 15 years before pursuing a career in nursing. As an emergency room nurse, he chose to attend Mason to advance his career. When asked about his Mason experience, the doctoral student says, "What I value and cherish most about nursing and Mason is its inclusivity. As a veteran, nurse, and African American man, I feel welcomed, valued, and appreciated as a member of this community."

Clemons is also a recipient of the ERPi Patriot Scholarship, which provides financial support to veterans and their families. He says that his life was "impacted profoundly" by receiving the scholarship that allowed him to ease the financial strain of pursuing a degree and focus on his education.



Asra Ahmad

Master of Public Health (MPH) Student

Asra Ahmad, an MPH candidate pursuing a concentration in Public Health Communication, is a National Youth HIV/AIDS Awareness Day (NYHAAD) Ambassador with Advocates for Youth. Asra organized an HIV/STD testing event at Mason this past April for NYHAAD, where nearly 200 Mason students were tested.

"Testing can be very expensive, and that can create barriers," explained Ahmad. "This event gave students the opportunity to get testing for free."

As part of her ambassadorship, she also participated in a congressional briefing on Capitol Hill. She was a panelist with other advocates that spoke to congressional staffers about making HIV testing more accessible to college students.



Iana Clarence

Bachelor of Science, Health Administration Alumna '14

Iana Clarence majored in health administration and now works at Children's National Health System in Washington, D.C., as a program coordinator for community health and advocacy education. She is an active member of the Northern Virginia community serving in multiple health organizations such as the National Association of Health Services Executives and Women in Healthcare.

"I am proud to be a Mason alumna, and I am always open to bridging the college to career pipeline for Mason students," says Clarence. Recently, Clarence hosted students from the College for a site visit to Children's National.



Cordelia Cranshaw

Bachelor of Social Work Alumna '14

Cordelia Cranshaw has a track record of beating the odds. Raised in foster care, Cranshaw completed her degree in social work from the College in 2014, and was the recipient of the John J. Hughes Social Work Scholarship. Only 3% of young people in foster care go on to graduate college.

Since graduating from Mason, she won the title of Miss District of Columbia in December 2018, completed her master of social work degree at the University of Maryland, began working for Washington, D.C.'s Child and Family Services Agency, and founded Acts of Random Kindness (ARK), a nonprofit organization dedicated to supporting at-risk youth in Washington, D.C.

"Our motto is 'you're one resource away from reaching your dreams,'" said Cranshaw.



Aisha Sharif

Bachelor of Science in Community Health Alumna '18

Recent graduate Aisha Sharif credits her courses and professors at Mason with preparing her for a career in the medical field. Coming from a family of Mason graduates, Sharif said Mason opened her eyes to the broad spectrum of the health care field, and how the "softer" side of medicine is essential to being a successful doctor. "Global and Community Health taught me the importance of knowing the human aspect of medicine, and understanding that a patient's culture can have a big impact on how they view health care."

Sharif began medical school at the University of Virginia in the fall and plans to be an emergency room physician.

thank you

Dr. Zobair Younossi Research Scholars Award Is First Student Research Scholarship at the College

The first research scholarship was established for the College in June 2019, named after Mason alumnus

Zobair Younossi, MD, BS Biology '84. Recipient of the 2008 College of Science Alumnus of the Year award, Younossi has an extensive background in liver disease research and contributions to the health care field, and he hopes to support current Mason students with an interest in biomedical research.

Younossi joined Inova in 2000 and was appointed executive director of the Center for Liver Diseases.



Zobair Younossi, MD

"With the establishment of this research award, we will be able to include more students and enable those with financial need to participate."

In 2006, he was appointed as the medical director of research and was promoted to the vice president for research for Inova Health System. Younossi's clinical research focuses on chronic liver disease, specifically non-alcoholic fatty liver disease and other liver complications of obesity. He has also pioneered the application of health services research and patient-reported outcomes research in the field of hepatology. Beyond his accomplishments at Inova, Younossi has also published three textbooks and more than 500 articles, becoming a voice in the field of medicine and public health.

"I am honored to be acknowledged for the work the Beatty Center for Liver and Obesity Research program and Inova Health System have done in support of student research experiences," said Younossi. "With the establishment of this research award, we will be able to include more students and enable those with financial need to participate."

The Dr. Zobair Younossi Research Scholars Award will support undergraduate or graduate students who are participating or interested in health-related research in biomedicine or a health-related field.



Amy Leachtenauer Miller



Natalie Delcid

First Recipient of Amy Leachtenauer Miller Social Work Scholarship

The inaugural Amy Leachtenauer Miller Social Work Scholarship was awarded this past year to Master of Social Work student Natalie Delcid, who began her graduate program trying to juggle her studies, internship, job, and living on her own for the first time. After receiving the scholarship, Delcid was able to quit her job and focus primarily on her studies and professional development.

"The scholarship meant more to me than finances," she said. "It was like a weight was lifted off my shoulders. I got my life back."

Delcid graduated in May 2019, and now works for the City of Alexandria as a bilingual youth services coordinator. She is also pursuing her required clinical hours for her licensure.

The Amy Leachtenauer Miller Social Work Scholarship was established by Jon and Mary Leachtenauer in honor of their late daughter, Amy, a devoted employment case manager with the Fairfax County Department of Family Services. Amy left a lasting impression on everyone she interacted with, working with unemployed veterans, small women-owned businesses, and families to match day care needs. She was selected to serve as the public liaison for the Volunteer Income Tax Assistance program, and was the top performer on the Virginia's Initiative for Employment Not Welfare team.

The scholarship will be awarded on an annual basis to a student pursuing a master of social work degree. "Education was very important to Amy," said Jon Leachtenauer. "She wanted others to pursue education with passion."

"The scholarship meant more to me than finances...It was like a weight was lifted off my shoulders. I got my life back."

thank you

Thank You for Your Gift

Thank you to all of our generous alumni, staff, faculty, and friends who have shown their support and investment in the future of the College. The success of our college would not be possible without you. Donors contributing \$500 or more between July 1, 2018 and June 30, 2019 are listed below.

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Heidi Rothenhaus
Lynn Gerber, MD, and Leonard Seeff, MD
Patricia C. Seifert
Harvinder K. Singh
Col. Flora M. Sullivan
Carolyn A. Taylor, PhD, and Leslie Taylor, PhD
Shirley S. Travis, PhD
Laura Walsh and Ed Walsh
Robert Weiler, PhD, and Lisa Pealer, PhD
Odette P. Willis
Chien-Yun Wu, PhD



Melissa Swensen

Scholarship Recipient Carries Forward a Legacy

Melissa Swensen was honored as the inaugural recipient of the General Hazel Johnson-Brown Scholarship in the fall. The scholarship was established to honor the legacy of Johnson-Brown, a trailblazer in the U.S. military and former faculty member in the School of Nursing at Mason.

Swensen, a nursing doctoral student at the College, said she was inspired by the legacy of women like Johnson-Brown, as well as her own mother, a nurse who was one of 10 children and the first in her family to graduate from college.

"I am grateful for nurses and women who have gone before me with strength and grace in this life," she said, "and to have my children see that legacy through my own education as a result of women like General Hazel Johnson-Brown."

To make a gift to the General Hazel Johnson-Brown Scholarship or another scholarship fund to support students like Melissa Swensen, visit chhs.gmu.edu/give.

College Alumnae Honored at Celebration of Distinction

On April 25, three alumnae were honored at the Mason Alumni Association's Celebration of Distinction Event, the annual awards program that recognizes and celebrates the achievements of Mason alumni.

Caroline and Rebecca Sutter jointly received the Outstanding Service award for founding and leading the Mason and Partners (MAP) Clinics, a network of nurse-managed clinics that provide free health care services to uninsured community members in Fairfax and Prince William counties.

Theresa Siggins was honored as the College Alumna of the Year. A three-time Mason alumna, Siggins serves as the program manager at the Fairfax Food Council, where she provides leadership, connects partners and stakeholders, conducts research, and ensures grant deliverables are met.



Celebration of Distinction Event.
Left to right: Caroline Sutter, Theresa Siggins, Rebecca Sutter.

Celebrating Faculty and Staff Excellence

Each year, we recognize and celebrate faculty and staff whose extraordinary contributions reflect the values of our College and University. Please join us in congratulating our 2019 faculty and staff honorees.

College Faculty Awards

Master Teacher Award for an Adjunct Faculty Member

Rebecca Miller, Adjunct Faculty, School of Nursing

Master Teacher Award for a Junior Faculty Member

Megumi Inoue, Assistant Professor, Department of Social Work

Master Teacher Award for a Senior Faculty Member

Andrew Guccione, Professor and Chair, Department of Rehabilitation Science

2019 Shirley S. Travis Habit of Excellence Award

John Cantiello, Associate Professor, Department of Health Administration and Policy

College Staff Awards

Staff Leadership Award

Amanda Baer, Curriculum and Scheduling Coordinator, Dean's Office

Senior Staff Employee Award

Susan Eckis, Office Manager, School of Nursing

Staff Innovation Award

Rebecca Warden, Grants Administrator, Dean's Office

Exemplary Service Award

Lisa Joyner, Executive Director of Finance and Administration, Dean's Office



College Faculty and Staff Awards. Left to right (front): Amanda Baer, Susan Eckis, Rebecca Warden (rear): Andrew Guccione, John Cantiello, Rebecca Miller, Lisa Joyner.

Mason Awards

Service to George Mason University

45 Years of Service Award

James Metcalf, Professor, Department of Global and Community Health

Exceptional Support Award

Tracy Shevlin, Department Manager, Department of Health Administration and Policy

Stearns Center Teacher of Distinction, Online Teaching

Lila Fleming, Assistant Professor, Department of Global and Community Health

Stearns Center Teacher of Distinction, Online Teaching

John Cantiello, Associate Professor, Department of Health Administration and Policy

Stearns Center High Impact Teaching

Sunny Harris Rome, Professor, Department of Social Work



James Metcalf

External Awards and Recognition

Alumni of the Year Award from the University of Nevada Reno Orvis School of Nursing

Peggy Maddox, Professor and Chair, Department of Health Administration and Policy

Association of Schools and Programs of Public Health

At-Large Member of the Board of Directors

Robert Weiler, Professor and Associate Dean for Academic Affairs

National Institute of Environmental Health Sciences' Spirit Lecture Award

Germaine Louis, Professor and Dean

Outstanding Partnership of the Year Award

from Wesley Housing Development Corporation

Departmental Award for the Department of Social Work

Potomac Health Foundation's Best Practice Award for Community Engagement

Vidas Activas, y Familias Saludables (VALÉ): A Multidisciplinary Childhood Obesity Treatment Program for Latino Communities Project

Sina Gallo, Assistant Professor, Department of Nutrition and Food Studies

State Council of Higher Education for Virginia

Nominee for 2019 Outstanding Faculty Award

Lynn Gerber, University Professor, Department of Health Administration and Policy

Service on National Advisory Committees

Board on Environmental Studies and Toxicology (BEST), National Academies of Sciences, Engineering and Medicine

Germaine Louis, Professor and Dean, College of Health and Human Services

Centers for Disease Control and Prevention Community Preventive Services Task Force

Alison Evans Cuellar, Professor and Section Chief for Programs in Health Policy, Department of Health Administration and Policy

National Academy of Medicine Committee on Family Medicine, Emergency Medicine, and Rehabilitation

Lynn Gerber, University Professor, Department of Health Administration and Policy

National Academies of Sciences, Engineering, and Medicine Health

and Medicine Division Culture of Health: Committee on Community Based Solutions to Promote Health Equity in the United States

Alison Evans Cuellar, Professor and Section Chief for Programs in Health Policy, Department of Health Administration and Policy

National Committee for Quality Assurance Board of Directors

Len Nichols, Professor and Director, Center for Health Policy Research and Ethics, Department of Health Administration and Policy

U.S. Department of Health and Human Services

Physician-Focused Payment Model Technical Advisory Committee

Len Nichols, Professor and Director, Center for Health Policy Research and Ethics, Department of Health Administration and Policy



Eleanor Dehoney



Karen Remley



Tonga Turner

College Advisory Board Welcomes Three New Members

This summer, the College welcomed three new members to serve on its Advisory Board: Eleanor Dehoney, vice president of policy and advocacy at Research!America; Karen Remley, senior fellow at the de Beaumont Foundation; and Tonga Turner, director of Kaiser Permanente Community Health Division.

As new members of the board, they will join the 10 current members in advising and assisting the Dean in strategic planning for the College.

College Advisory Board Members

Gloria A. Addo-Ayensu, MD, MPH - Director, Fairfax County Health Department

Robert B. Blancato, MPA - President, Matz, Blancato and Associates

Eleanor Dehoney, MSPH - Vice President of Policy and Advocacy, Research!America

Kevin J. Donnellan, MA - Executive Vice President and Chief of Staff, AARP

Mary Ann Friesen, PhD, MSN - Advisory Board Vice Chair, Nursing Research Coordinator, Inova Health System

Janet E. Hinchcliff, MBA - Advisory Board Chair, Principal, Health Systems and Strategy, Health Transformation Tech Center, The MITRE Corporation

Susan E. Lydick, PhD, MA - Alumna, George Mason University, PhD Rehabilitation Science '16, MA Developmental Psychology '92, BIS Health Research '84

Maj. (Ret.) Angela H. McConnell - Owner and CEO, Q Integrative Healthcare Consulting

Robin E. Mockenhaupt, PhD, MPH, MBA - Senior Vice President, Strategic Initiatives, Robert Wood Johnson Foundation

Karen Remley, MD, MBA, MPH, FAAP - Senior Fellow, de Beaumont Foundation

Carolyn A. Taylor, PhD, MSN, MBA - Corporate Operations Officer, Taylor-Oden Enterprises

Leslie H. Taylor, PhD, MBA - President and CEO, Taylor-Oden Enterprises

Tonga Y. Turner, MBA, MS - Director, Kaiser Permanente Community Health Division

This year, **Irene Williford**, vice president and chief nursing officer at Reston Hospital Center completed her term on the College Advisory Board. We thank her for her years of service to the College.

College Leadership

Dean's Office

Germaine M. Louis
Professor and Dean
glouis@gmu.edu
703-993-1918

Matthew Hicks
Director of Information Technology and Cybersecurity
mhicks21@gmu.edu
703-993-3409

Rosemary D. Higgins
Professor and Associate Dean for Research
rhiggin@gmu.edu
703-993-1952

Kimberly Holmes
Associate Dean for Student Affairs
kholme10@gmu.edu
703-993-9080

Lisa R. Joyner
Executive Director of Finance and Administration
ljoyner@gmu.edu
703-993-1928

Michelle L. Thompson
Director of Marketing and Communications
mthomp7@gmu.edu
703-993-3485

Catherine Tompkins
Associate Professor and Associate Dean of Faculty Affairs
ctompkin@gmu.edu
703-993-2838

Carol Urban
Associate Professor and Associate Dean, Practice and Strategic Initiatives
curban@gmu.edu
703-993-2991

Laura Walsh
Director of Development
lwalsh9@gmu.edu
703-993-8640

Robert M. Weiler
Professor and Associate Dean for Academic Affairs
rweiler@gmu.edu
703-993-1920

Departmental Chairs

Lawrence J. Cheskin
Professor and Chair, Department of Nutrition and Food Studies
Interim Chair, Department of Global and Community Health
lcheskin@gmu.edu
703-993-6264

Andrew Guccione
Professor and Chair, Department of Rehabilitation Science
aguccion@gmu.edu
703-993-4650

Emily Ihara
Associate Professor and Interim Chair, Department of Social Work
eihara@gmu.edu
703-993-2023

Peggy Maddox
Professor and Chair, Department of Health Administration and Policy
pmaddox@gmu.edu
703-993-1982

Cheryl Oetjen
Assistant Professor and Interim Director, School of Nursing
coetjen@gmu.edu
703-993-1954

This Year in Pictures



Peterson Family Health Sciences Hall Introduction to Cooking class, Department of Nutrition and Food Studies.



The Functional Performance Lab in Peterson Hall is used by Department of Rehabilitation Science faculty and graduate research assistants for gait and balance assessments.



Assistant Professor Michael von Fricken led a research team to Mongolia to study vector-borne diseases.



Nursing boot camp for new Bachelor of Science in Nursing students.



In spring 2019, Tülay Soylu became the first graduate of the Department of Health Administration and Policy's Health Services Research PhD program.



Student Advocacy Day on Capitol Hill – students from the Department of Social Work connect with members of Congress about the issues that are important to them.



College of Health
and Human Services



**COLLEGE OF HEALTH AND HUMAN SERVICES
GEORGE MASON UNIVERSITY**

4400 University Drive, MS 2G7
Fairfax, Virginia 22030
703-993-1918
chhs.gmu.edu



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