

# Lyric N. Russo, Ph.D.

## EDUCATION

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**Enochs Endowed Postdoctoral Research Fellow** 2024 - Present

George Mason University

College of Public Health, Department of Social Work

Postdoctoral Mentor: Denise A. Hines, Ph.D.

**Ph.D. in Social Ecology** 2024

University of California, Irvine

Dissertation: *Ghosts from the Past: Associations Between Adversity and College Women's Perceptions of Risk in Potential Dating Partners*

Advisor: Jessica L. Borelli, Ph.D.

**M.A. in Social Ecology** 2021

University of California, Irvine

Thesis: *Trauma Exposure and Sensitive Parenting in Times of Need: An Examination in a Sample of Low-Income Latina Mothers*

Advisor: Jessica L. Borelli, Ph.D.

**B.A. in Psychology** 2016

California State University, Long Beach

Magna Cum Laude

Research Advisors: Courtney Ahrens, Ph.D., May Ling Halim, Ph.D.

## AWARDS, FELLOWSHIPS, HONORS, & RESEARCH GRANTS

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**Mentoring Award for Undergraduate Mentoring Excellence [\$200 per award]** 2023, 2024

University of California, Irvine, School of Social Ecology.

*Awarded to graduate students for excellent mentorship of undergraduate students each year*

**Newkirk Center for Science & Society Research Justice Fellowship [\$5,000]** 2023 - 2024

University of California, Irvine, Newkirk Center for Science & Society

*Awarded to graduate students who show promise in conducting research that advances social justice*

**Stokols Endowment Grant Award [\$1,000 per award]** 2022, 2023, 2024

University of California, Irvine, School of Social Ecology

*Awarded to graduate students in support of interdisciplinary translational research*

**Research Justice Shop Community-Based Research Fellowship [\$8,000]** 2022 - 2023

University of California, Irvine, Newkirk Center for Science & Society

*Awarded to graduate students who show promise in implementing community-based participatory research methods to address our collective social and environmental problems.*

**Foundation for the Contemporary Family Dissertation Research Grant [\$3,500]** 2022

Foundation for the Contemporary Family

*Awarded to innovative research that enhances our understanding of contemporary families and relationships or the clinical practice of couples and family therapy.*

**Initiative to End Family Violence Research Fellowship [\$1,500]** 2021 - 2022

University of California, Irvine. Initiative to End Family Violence

*Awarded to graduate students' whose work aims to prevent or end family or gender-based violence*

**Graduate Student Mentoring Award of Post-Baccalaureate Students [\$400]** 2021

University of California, Irvine, Department of Psychological Science

*Awarded to graduate students for excellent mentorship of post-baccalaureate students each year*

**Division of Teaching Excellence & Innovation Remote Pedagogy Fellowship [\$5,000]** 2020 - 2021

University of California, Irvine, Division of Teaching Excellence and Innovation

*Awarded to graduate students who show a commitment to leadership and excellence in teaching both in-person and in remote contexts*

**Living Peace/Global Service Scholar Fellowship\* [\$1,500]** 2020

University of California, Irvine, Blum Center for Poverty Alleviation

*Selected to serve as a primary advisor for Social Ecology's undergraduate students as they do fieldwork and research in Cape Town, South Africa.*

\*denotes cancellation due to COVID-19

**Small Change, Better World Research Grant [\$1,000]** 2020

University of California, Irvine, Blum Center for Poverty Alleviation

*Grants are awarded for one-time, limited scope projects that address a specific need*

**UCI Provost Fellowship [\$20,000]** 2019 - 2024

University of California, Irvine

*Awarded to the most exceptional incoming students admitted into doctoral programs at UC Irvine*

**Psi Chi Regional Research Award [\$300]** 2017

Psi Chi International Honors Society

*Recognized as 1 of 12 students to receive an award for empirically based posters or papers at the 97<sup>th</sup> annual Western Psychological Association*

**Commendations for Academic Excellence** 2012 - 2016

California State University, Long Beach

*Recognized by the Dean's and President's Lists*

**PEER-REVIEWED PUBLICATIONS**

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1. Borelli, J. L., Russo, L. N., Kazmierski, K., Zhou, E., Rowley, C., & Garcia, J. (in press). Navigating shared stress: Dyadic links between COVID-19 stressors and mental health in low-income Latine youth and mothers. *Journal of Latinx Psychology*.
2. Lee, K. A., Mezzapelle, J. L., Russo, L. N., Douglas, E. M., & Hines, D. A. (in press). The impact of intimate partner violence (IPV) on victims' mental, physical, and economic wellbeing: A comprehensive literature review, 2012-2022. *Partner Abuse*.
3. Borelli, J. L., Wang, Y., Li, F. H., Russo, L. N., Tironi, M., Yamashita, K., Lai, J., Zhou, E., Lai, J., Nguyen, B., Azimi, I., Marcotullio, C., Labbaf, S., Jafarlou, S., Dutt, N., & Rahmani, A. (2025). Detection of depressive symptoms in college students using multimodal passive sensing data and Light Gradient Boosting Machine: Longitudinal Pilot Study. *JMIR Formative Research*. <https://doi.org/10.2196/67964>

4. Halim, M. L., **Russo, L. N.**, Echave, K., Tawa, S., Sakamoto, D., & Portillo, M. (2024). “She’s so pretty”: The development of a valuing personal attractiveness among young children. *Child Development*. <https://doi.org/10.1111/cdev.14104>
5. Borelli, J. L., Zhou, E., **Russo, L. N.**, Li, F., Tironi, M., Yamashita, K., Smiley, P., & Campos, B. (2024). Culturally adapting Relational savoring: A therapeutic approach to improve relationship quality. *Family Process*. <http://doi.org/10.1111/famp.12989>
6. **Russo, L. N.**, & Borelli, J. L. (2023). College women’s perceptions of aggression and risk of intimate partner violence in potential romantic partners. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-023-00531-9>
7. Arcos, D., **Russo, L. N.**, Kazmierski, K. F. M., Zhou, E., Montiel, G. I., Bracho, A., Mejia, N., & Borelli, J. L. (2023). A relationship-based resilience program for promotores: Protocol for a randomized controlled waitlist trial. *JMIR Research Protocols*. <https://doi.org/10.2196/51427>
8. Zandpour, M., Hasani, J., **Russo, L. N.**, Sharp, C., Lind, M., & Borelli, J. L. (2023). Mentalization in typically and atypically developing Iranian children and its associations with age, gender, and externalizing/internalizing symptoms. *Special Issue of Child & Adolescent Psychiatry*. <https://doi.org/10.3390/children10040657>
9. Marquez, C., Kazmierski, K., Carballo, J. A., Garcia, J., **Russo, L. N.**, Arreola, J., Rodriguez, A. H., Perez, A. A., Leal, F., Torres, G., Montiel, G., Guerra, N., & Borelli, J. L. (2023). COVID-19 and the Latinx community: “Promotoras represent a community in pain”. *Journal of Latinx Psychology*. <https://doi.org/10.1037/lat0000224>
10. **Russo, L. N.**, Arreola, J., Montiel, G., Torres, G., Leal, F., Guerra, N., & Borelli, J. L. (2022). Examining interpersonal traumas across low income Latinx mother-youth dyads: Associations between maternal child abuse exposure and racial discrimination with mother and youth psychopathology. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-022-01483-9>
11. Arreola, J., **Russo, L. N.**, Cervantes, B. R., Paredes, P., Hernandez, H. S., Marquez, C. M., Montiel, G., Leal, F., Guerra, N., & Borelli, J. L. (2022). Mas que palabras: Understanding the mental health consequences of sociodemographic and deportation fears in Latinx families. *Special Issue of Psychological Trauma: Theory, Research, Practice, and Policy*. <https://doi.org/10.1037/tra0001351>
12. Halim, M. L., **Russo, L. N.**, Sakamoto, D., Echave, K., Portillo, M., & Tawa, S. (2022). Early gender differences in valuing strength. *Archives of Sexual Behavior*, <https://doi.org/10.1007/s10508-02102185-4>
13. Borelli, J. L., **Russo, L. N.**, Arreola, J., Cervantes, B. R., Marquez, C. M., Montiel, G., Carballo, J., Avalos, V., Garcia, J., Bhatt, I., Torres, G., Leal, F., & Guerra, N. (2022). Saving a seat at the table for community members: co-creating an attachment-based intervention for low-income Latinx parent-youth dyads using a promotor/a model. *Research in Psychotherapy: Psychopathology, Process and Outcome*. <https://doi.org/10.4081/ripppo.2022.598>

14. Borelli, J. L., **Russo, L. N.**, Arreola, J., Cervantes, B. R., Hecht, H. K., Leal, F., Montiel, G., Parades, P., & Guerra, N. (2021). Más Fuertes Juntos: Attachment relationship quality, but not demographic risk, predicts psychopathology in Latinx mother-youth dyads. *Journal of Community Psychology*. <https://doi.org/10.1002/jcop.22535>
15. Borelli, J. L., Yates, T. M., Hecht, H. K., Cervantes, B. R., **Russo, L. N.**, Arreola, J., Leal, F., Torres, T., & Guerra, N. (2020). Confía en mí, confío en ti: Applying developmental theory to mitigate sociocultural risk in Latinx families. *Special Issue of Development & Psychopathology*. <https://doi.org/10.1017/S0954579420001364>

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#### MANUSCRIPTS UNDER REVIEW IN PEER-REVIEWED JOURNALS

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1. **Russo, L. N.**, & Borelli, J. L. (revise and resubmit). Detecting aggression and IPV perpetration risk in unknown men: Predicting women's accuracy. *Psychology of Women Quarterly*.
2. **Russo, L. N.**, Hines, D. A., Mezzapelle, J. L., Sabina, C., Lee, K. A., & Douglas, E. M. (revise and resubmit). Barriers to help-seeking among minoritized male victims of intimate partner violence. *Psychology of Men & Masculinities*.
3. Hines, D. A., **Russo, L. N.**, Lee, K. A., Mezzapelle, J. L., Douglas, E. M., & Sabina, C. (revise and resubmit). Testing the stress process model on a diverse sample of male victims of intimate partner violence. *Aggressive Behavior*.
4. Mezzapelle, J. L., Douglas, E. M., Hines, D. A., Lee, K. A., **Russo, L. N.**, & Sabina, C. (revise and resubmit). Legal help-seeking among minoritized male victims of intimate partner violence. *Journal of Family Violence*.
5. Arcos, D., Jensen, O., Rowley, C., Zhou, E., Espejo, G., Espinoza, D., Naranjo, V., **Russo, L. N.**, Kazmierski, K., & Borelli, J. L. (revise and resubmit). Psychological agency attenuates the link between discrimination and COVID-19 burnout in Latine community health workers. *Translational Issues in Psychological Science*.
6. **Russo, L. N.**, Mezzapelle, J. L., Hines, D. A., Douglas, E. M., Sabina, C., & Lee, K. A. (under review). "I'm surprised I survived": Men's descriptions of their experiences with intimate partner violence victimization. *Victims & Offenders*.
7. Rowley, C. A., Arcos, D., Jensen, O., **Russo, L. N.**, Zhou, E., Kazmierski, K., Naranjo, V., & Borelli, J. L. (under review). Pilot test of an adapted relational savoring intervention for Latine-serving community health workers. *Journal of Counseling Psychology*.
8. **Russo, L. N.**, & Borelli, J. L. (under review). "Do you always trust your first initial feeling?": Attachment orientation, confidence, and women's accuracy in judging men's aggression and IPV perpetration risk. *Journal of Social and Personal Relationships*.
9. Mezzapelle, J. L., **Russo, L. N.**, Hines, D. A., Douglas, E. M., Sabina, C., & Lee, K. A. (under

review). Black, Latino, and White men's experiences with intimate partner violence victimization. *Psychology of Violence*.

10. Zhou, E., Arcos, D., **Russo, L. N.**, Flores, V., Aguilera, J., Malonado, M., Huey, S. J., & Borelli, J. L. (under review). Savoring the service: A qualitative study of Latine community health workers' health promotion efforts. *BMC Health Services Research*.

#### NON-PEER REVIEWED MANUSCRIPTS

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1. Hand, M., Hines, D. A., **Russo, L. N.**, Mezzapelle, J. L., Driskill, J., Fry-Revere, S., & Ryan, L. (2025). *Reducing inequalities in domestic and sexual violence services in Fairfax County: A Mixed-Methods Evaluation to Inform Antiracist Community Engagement in Fairfax County*. Report prepared for Domestic and Sexual Violence Services (DSVS) in Fairfax County, Virginia.
2. **Russo, L. N.** & Human Options (2021). *Rates of adverse childhood experiences (ACEs) in adults receiving services from a Southern California Domestic Violence Agency*. Human Options. Published Online.
3. Coutin, S. B., Jenness, V., & **Russo, L. N.** (2020). *Students want compassionate flexibility*. University of California Irvine: School of Social Ecology. Published Online.
4. Lonsway, K.A., Archambault, J., with contributions by **Russo, L. N.** (2018). *Improving responses to sexual assault disclosure: Both informal and formal support providers*. End Violence Against Women International (EVAWI). Published Online.

#### CONFERENCE TALKS & PRESENTATIONS

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\*Denotes a mentored post-bac or undergraduate student

1. **Russo, L. N.** (2025, November). *Predicting barriers to help-seeking among male victims of IPV: The role of childhood adversity, masculinity, and discrimination*. Talk to be presented at the Annual Meeting of the American Public Health Association, Washington, DC.
2. Arcos, D., Epinoza, D., Espejo, G., Naranjo, V., Jensen, O., Zhou, E., **Russo, L. N.**, Kazmierski, K., & Borelli, J. L. (2025, November). *Agency as a protective factor in the link between discrimination and burnout among Latine community health workers*. Poster to be presented at the Annual Meeting of the American Public Health Association, Washington, DC.
3. **Russo, L. N.**, & Borelli, J. L. (2025, September). Predicting aggression and IPV perpetration risk in online dating profiles: How trauma exposure shapes women's judgments of unknown men. In R. Charak (Chair), *Intersections of Childhood Adversities, Intimate Partner Violence, and Technology: Understanding Risk Factors and Pathways for Intervention in Understudied Populations*. Symposium presented at the 2025 Annual Meeting of International Society for Traumatic Stress Studies, Baltimore, MD.
4. **Russo, L. N.**, & Sabina, C. (2025, September). *Latent class analysis of men's IPV victimization profiles: Identifying patterns for prevention and intervention*. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

5. **Russo, L. N., & Mezzapelle, J. L.** (2025, May). *Examining help-seeking barriers among Black, Latino, and White male victims of intimate partner violence*. Poster presented at the Annual Meeting of the Association for Psychological Science, Washington, D.C.
6. **Russo, L. N., Li, F. H., Arreola, J., & Borelli, J. L.** (2025, May). Trauma, attachment, and affective communication: Examining Latina mothers' responses to children's fearful memories. In M. Marvin & **L. N. Russo** (Chairs), *Interpersonal Trauma, Attachment, and Child Development: Navigating Emotional Landscapes in the Caregiving Relationships*. Symposium presented at the 2025 Biennial Meeting of the Society for Research in Child Development, Minneapolis, MN.
7. Zhou, E., Arcos, D., **Russo, L. N.**, Flores, V. A., Aguilera, J., Maldonado, M., & Borelli, J. L. (2024, August). Savoring the service: A qualitative examination of lay health workers' health promotion efforts. In B. Wright (Chair), *Use of qualitative methods to understand provider experiences of serving families in the community*. Symposium presented at the 2024 annual convention of the American Psychological Association, Seattle, WA.
8. **Russo, L. N., Li, F. H., Arreola, J., Paredes, P., Sheinbaum, T., Zamir, O., Slade, A., & Borelli, J. L.** (2024, July). Reflective responses: Investigating the relationship between various forms of interpersonal violence and reflective functioning in Latina mothers. In Sprecher, E., *New Learning About Mentalizing and Epistemic Trust in the Context of Trauma*. Symposium presented at the 2024 International Attachment Conference, Rouen, France.
9. **Russo, L.N., Kazmierski, K., Arreola, J., Garcia, J., Torres, C., Guerra, N., & Borelli, J.L.** (2023, March). Examining the multidimensional impact of COVID-19 pandemic stressors within a sample of low-income Latino/a/x families. In Borelli, J.L., *New Directions for Developmental and Prevention Science for Improving the Lives of Latinx Families*. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, UT.
10. Borelli, J. L., Kazmierski, K., **Russo, L. N.**, Marquez, C., Arreola, J., & Guerra, N. (2022, August). A community-based approach to understanding low income Latinx youth in the pandemic. *Family Reactions to the COVID-19 Pandemic in Diverse Populations: Risk and Resilience Opportunities*. Symposium conducted at the 2022 American Psychological Association Conference, Minneapolis, MN.
11. Arreola, J., **Russo, L. N.**, Avalos, V., Carballo, J. A., Guerra, N., & Borelli, J. L. (2022, July). Nuestra lucha: An examination of we-talk in relation to psychopathology and discrimination among Latinx youth. Talk presented at the International Attachment Conference, Lisbon, Portugal.
12. **Russo, L. N.**, Kazmierski, K., Gaskin, G., & Borelli, J. L. (2022, June). Relational savoring: A positive psychology intervention targeting the enhancement of mentalizing. In Malberg, N, *Working with Parents from a Mentalization Based Approach*. Symposium conducted at the 19<sup>th</sup> International Congress of European Society for Child and Adolescent Psychiatry, Maastricht, Netherlands.
13. **Russo, L. N.**, Arreola, J., Carballo, J. A.\*, Avalos, V.\*, Torres, G., Leal, F., Guerra, N., & Borelli, J.

- L. (2022, April). Traumas Del Pasado: Maternal child abuse and discrimination exposure interacts to predict higher levels of mental health symptoms in Latinx mothers and youth over time. In Ahrens, C, *Cultural Influences on Experiences of and Intervention for Gender-Based Violence*. Symposium conducted at the 102<sup>nd</sup> Annual meeting of the Western Psychological Association, Portland, OR
14. Castillo, I.\*, **Russo, L. N.**, & Borelli, J. L. (2021, May). *Attachment style, commitment, and relationship satisfaction: An examination of adult romantic relationships in a sample of Latina mothers*. Virtual talk presented at the 2021 UCI Annual Undergraduate Research Symposium.
  15. **Russo, L.N.**, Arreola, J., & Borelli, J.L. (2021, April). Más Fuertes Juntos: Attachment relationship quality, but not demographic risk, predicts psychopathology in Latinx mother-youth dyads. In Borelli, J.L., *New Directions for Developmental and Prevention Science for Improving the Lives of Latinx Families*. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Virtual.
  16. Gearhart, C., **Russo, L. N.**, & Ahrens, C. (2020, March). Barriers to and facilitators for service access among intimate partner violence survivors. In Awad, G, *Breaking the Silence: Enhancing Access for Diverse Survivors of Gender-Based Violence*. Symposium conducted at the Annual meeting of the Association for Women in Psychology, Austin, TX.
  17. **Russo, L. N.**, Liner, L., Freiborg, N., Pattison, J., Gearhart, C., Ahrens, C., & Mechanic, M. (2018, August). Intimate partner violence survivors' recommendations for service providers. Poster presented at the Annual meeting of the American Psychological Association, San Francisco, CA.
  18. **Russo, L. N.**, Nguyen, P., Liner, L., Ahrens, C., & Mechanic, M. (2018, April). Social responses towards Korean-American survivors of intimate partner violence. Poster presented at the Annual meeting of the Western Psychological Association, Portland, OR.
  19. Martinez, M.A., Amin, M., **Russo, L. N.**, Iniguez, A., Levalle, J., & Halim, M.L. (2018, April). Makeway for the beautiful: Yielding to the attractive. Poster presented at the Annual meeting of the Western Psychological Association, Portland, OR.
  20. **Russo, L. N.**, Vu, C., Gomez, A., Gearhart, C., & Ahrens, C. (2017, April). Distinction between rape integration and recovery. Poster presented at the Annual meeting of the Western Psychological Association, Sacramento, CA.
  21. Barnes, C., Nguyen, C., **Russo, L. N.**, Ahrens, C., & Feifer, K. (2016, August). Rape survivors' disclosures to romantic partners. Poster presented at the Annual meeting of the Institute on Violence, Abuse, and Trauma, San Diego, CA.

#### INVITED TALKS

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- Hand, M., Hines, D. A., **Russo, L. N.**, Mezzapelle, J. L., Driskill, J., Fry-Revere, S., & Ryan, L. (2025, October). *Domestic and sexual violence, and related service use and knowledge in South County: Mixed methods findings*. Talk presented to Fairfax County's Domestic Violence and Sexual Violence Services.

**Russo, L. N.** (2025, January). *Exploring how personal history factors shape college women's perceptions of aggression and intimate partner violence risk in unknown men*. Talk presented at the University of Cumbria's Intimate Partner Violence Seminar, Department of Psychology.

**Russo, L. N.** (2023, October). *Traits and trepidations: How individual differences shape college women's perceptions of aggression and intimate partner risk in potential dating partners*. Talk presented at California State University, Long Beach's Department of Psychology Colloquium.

**Russo, L. N., & Rojas, B. R.** (2023, April). *Breaking the boundaries: Exploring barriers and facilitators to public park utilization in Orange County*. Talk presented at Crystal Cove Conservancy in Newport Beach, CA.

## TEACHING EXPERIENCE

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**Guest Lecturer, Department of Social Work** **Fairfax, VA**  
 George Mason University 2025  
*Course: Research Methods, Qualitative Approaches and Coding Lecture*

**Guest Lecturer, Department of Psychological Science** **Irvine, CA**  
 University of California, Irvine 2023  
*Course: Psychology Fundamentals, Emotion and Motivation Lecture*

**Adjunct Lecturer, Department of Psychology** **Long Beach, CA**  
 California State University, Long Beach 2022 - 2024  
*Course: Psychology of Women (Fall '22, Fall '23, Spring '24)*  
*Course: Developmental Psychology: Emerging Adulthood through Later Life (Fall '23)*

**Guest Lecturer, Department of Criminology, Law, & Society** **Irvine, CA**  
 University of California, Irvine 2021  
*Course: Domestic Violence, Dimensions of Violence Lecture*

**Graduate Remote Instruction Assistant** **Irvine, CA**  
 University of California, Irvine 2020  
*Served as a consultant and support for faculty in the School of Social Ecology as they transitioned their courses from in-person to online.*

**Graduate Teaching Assistant** **Irvine, CA**  
 University of California, Irvine 2019 - 2024  
*Department of Psychological Science Courses:*

- Attachment Relationships
- Abnormal Psychology
- Health Psychology
- Psychology Fundamentals (Discussion Section)

*Department of Criminology, Law, & Society Courses:*

- Domestic Violence
- Criminological Theory

*School of Social Ecology Courses:*

- Field Study
- Naturalistic Field Research
- Upper Division Writing Seminar (Discussion Section)

## PROFESSIONAL SERVICE

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**Celebration of Scholarship Reviewer** April 2025  
 George Mason University, College of Public Health  
*Reviewed research abstracts submitted by Master's and Doctoral students for their annual celebration of scholarly conference.*

**Member of the Remote Instruction in Social Ecology (RISE) Team** 2020 - 2021  
 University of California, Irvine, School of Social Ecology  
*Selected as the graduate student representative from the School of Social Ecology to serve on the remote instructional response team, supporting students, faculty, and teaching assistants during the transition to online instruction during the COVID-19 pandemic.*

## CERTIFICATIONS & TRAININGS

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**Teaching Gender/Sex Diversity Foundations for Changing & Challenging Times** August 2025  
 Association for Psychological Science

**Compass Foundational Training and Mentoring Program** Spring 2025  
 Directed by faculty at Washington University School of Medicine in St. Louis.  
*Selected for NIH-funded national training program (R25GM143346) developing leadership, mentoring, and management skills to support inclusive, rigorous, and responsible science in research labs or teams.*

**Supporting First-Generation Students Workshop** February 2025  
 Stearns Center for Teaching and Learning, George Mason University

**Grant Seeking and Grant Writing 101 Workshop** January 2025  
 Faculty Affairs and Development, George Mason University

**Mixture Modeling and Latent Class Analysis Certificate** December 2024  
 The Center for Statistical Training by Curran-Bauer Analytics  
*Completed the virtual 20-hour workshop on mixture modeling and latent class analysis.*

**The Use of AI with an Equity Lens Workshop** November 2024  
 Stearns Center for Teaching and Learning, George Mason University

**Facilitating Difficult Conversations Workshop** October 2024  
 Stearns Center for Teaching and Learning, George Mason University

**Conducting Research on and with Hard-to-Reach Victim Populations Workshop** October 2024  
 Center for Victim Research, [victimresearch.org](http://victimresearch.org)

**Building Community through Compassionate Conversations Workshop** September 2024  
 Office of Access, Compliance, and Community, George Mason University

**Certificate in Community-Based Research** 2022 - 2023  
 UCI Newkirk Center for Science & Society  
*Completed a year-long experiential workshop series engaging in community-based research methods and principles.*

**Certificate in Mentoring Excellence**

2022 - 2023

UCI Graduate Division

*Trained in effective mentoring strategies, including conflict resolution and supporting diverse student populations, through a 6-week intensive program*

**Emphasis in Law, Society, and Culture**

2021 - 2022

UCI School of Law

*Completed a year-long emphasis exploring the intersections of violence, the criminal legal system, and policy initiatives through coursework in the Law School and the Department of Criminology, Law, & Society.*

**Certificate in Remote Instruction**

July 2020

UCI Graduate Division

*Selected for a competitive summer fellowship providing comprehensive training in evidence-based online and remote teaching strategies; completed program and earned certificate of achievement.*

**Commercial Exploitation of Children Training**

May 2017

California Foster and Kinship Care Education, Los Angeles, CA

*Completed a training on identifying and supporting child victims of human trafficking.*

**Human Trafficking Training**

March 2017

Coalition to Abolish Slavery &amp; Trafficking, Los Angeles, CA

*Completed a training on identifying and supporting adult victims of human trafficking.*

**Domestic Violence 40-Hour Training**

January 2016

1736 Family Crisis Center, Los Angeles, CA

*Completed the 40-hour training on domestic violence.*

**RESEARCH & PROFESSIONAL SKILLS**

- 
- Statistical Software/Data Analysis software: SPSS, R, Stata, SAS, LIWC, Dedoose, NVivo
  - Data Acquisition: Qualtrics, REDCap, Centiment, Prolific, focus groups, semi-structured interviews
  - Study Design: Mixed methods, experimental design, person perception, program evaluation, community based participatory research and interventions, reflexive thematic analysis

**PROFESSIONAL AFFILIATIONS**


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Association for Psychological Science  
 American Public Health Association  
 International Society for Traumatic Stress Studies  
 Society for Personality and Social Research  
 Society for Research in Child Development  
 American Psychological Association  
 Association of Women in Psychology  
 Psi Chi International Honor Society

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