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Professional Summary

I am a dedicated healthcare professional with extensive experience spanning several domains of healthcare, from clinical practice and education to leadership and community engagement. Most recently, as Co-Founder and Co-Director of the Center for Health Workforce at George Mason University, I have played a pivotal role in establishing a Center that serves as a vital resource hub for health workforce development for the Commonwealth of Virginia. Since its inception in November 2021, the Center has harnessed Mason's resources and expertise to drive research, community planning, and collaborative efforts in the pursuit of an enhanced health workforce. Prior to this role, I served as the Principal Investigator at the Northern Virginia Area Health Education Center (AHEC) from May 2018 to July 2021. Through this position, I championed the improvement of healthcare access and quality across Northern Virginia. My focus centered on promoting diversity among health professions and fostering interdisciplinary training for both established professionals and aspiring students, thereby fortifying the foundation of health career preparation academic programs.

In my capacity as a Co-Founder and Co-Director of the Mason and Partners Clinic, I spearheaded the establishment of an academic interprofessional nurse-managed clinic. The network of clinics serves the uninsured and vulnerable populations of Northern Virginia, offering comprehensive chronic disease management while educating the future healthcare workforce. My commitment to access to healthcare for all is evident in the bridge-care model we employ to address the needs of underinsured and uninsured patients and the learning environment for students of all levels of health workforce training.

Education

Doctor of Nursing Practice	2012
George Mason University	Fairfax, VA
Master of Science: Nursing	2001
George Mason University	Fairfax, VA
Bachelor of Science: Nursing	1999
George Mason University	Fairfax, VA
Associate of Science: Nursing	1993
Marymount University	Arlington, VA

Professional Experience

Co-Founder and Co-Director	11/2021 to Present
Center for Health Workforce at Mason	Fairfax, VA
George Mason University's Center for Health Workforce (Center) was established in 2021 to serve as an anchor institution to provide resources and coordination for health workforce efforts. The Center serves as a catalyst and facilitator of community action for health and health science workforce development by leveraging Mason's resources and expertise to support research and community planning for workforce development.	

Principal Investigator	05/2018 to 07/2021
Northern Virginia Area Health Education Center (AHEC)	Fairfax, VA
The mission of NVAHEC at Mason is to improve health care access and quality across Northern Virginia. The Center's primary priorities are to: (1) increase diversity among health professions and (2) support multi-disciplinary/multi-professional training for practicing professionals and students in health career preparation academic programs.	
Co-Founder and Co-Director	
Family Nurse Practitioner	05/2012 to Present
Mason and Partners Clinic	Springfield, VA
Co-founder and FNP provider at Mason & Partners Clinic. Interprofessional nurse managed clinic serving the uninsured and vulnerable populations of Northern Virginia. Complex chronic disease management in the adult and pediatric populations. Preventive medicine across the lifespan in a bridge-care model serving under and uninsured patients.	
Associate Professor	05/2019 to Present
George Mason University, School of Nursing	Fairfax, VA
Nursing faculty across the curriculum. Lead faculty for Doctor of Nursing Practice (DNP) Family and Adult Gerontology Nurse Practitioner core courses. Principle investigator on numerous federally funded large training grants.	
Assistant Professor	05/2012 to 05/2019
George Mason University, School of Nursing	Fairfax, VA
Nursing faculty across the curriculum. Lead faculty for Doctor of Nursing Practice (DNP) Family and Adult Gerontology Nurse Practitioner core courses. Principle investigator on numerous federally funded large training grants.	
Population Health Center Education Director	05/2012 to 05/2020
George Mason University, College of Health and Human Services	Fairfax, VA
Responsible for organizational strategic planning, accountability, and decision-making for the overall functioning and longevity of the PHC Clinic initiative. Serve as a leader, visionary, and key representative.	
Associate Director of Graduate Programs	05/2012 to 05/2015
George Mason University, School of Nursing	Fairfax, VA
Served as the administrative officer for the AACN/CCNE accredited Master and Doctor of Science in Nursing programs at the School of Nursing with responsibility for all administrative aspects of the program.	
Assistant Professor of Nursing	
Northern Virginia Community College	05/2007 to 2012
Nursing faculty teaching across the curriculum. Lecture and clinical responsibilities.	
Trauma Coordinator	05/1993 to 2015
Children's National Medical Center	Washington, DC
Responsible for the development, implementation, operation, and evaluation of the Trauma Program at CNMC.	
Registered Nurse	
Children's National Medical Center	05/1993 to 2015
Registered Nurse, RN III	Washington, DC
Charge Nurse in the pediatric intensive care unit in a level one trauma/burn center. Patient care involves treating broad range of complex acute medical conditions including cardiovascular, neurological, and oncological and burn patients. Preceptor for new and experienced RNs entering the ICU.	

License & Certification

Family Nurse Practitioner- Virginia Autonomous Practice (0024165035)
Board Certified Family Nurse Practitioner since October 2001 by the American Academy of Nurse Practitioners
Registered Nurse since 1993. Current license in VA (0001134402)
NPI: 1477799005
Current DEA
CPR certified through American Heart Association
Medication Assisted Treatment ASAM waiver
Telehealth Certified provider

Publications

Sutter-Barrett, R; Sutter-Dalrymple, C & Skurpski. (2019). Operationalizing the Bridge Care Model, Creative Nursing Volume 25, #1
Julia E. Painter, Suyane Viana De O. Mesquita, Lauren Jimenez, Arturo A. Avila, Caroline J. Sutter & Rebecca Sutter (2018) Vaccine-related attitudes and decision making among uninsured, Latin American immigrant mothers of adolescent daughters: a qualitative study, Human Vaccines & Immunotherapeutic, DOI: 10.1080/21645515.2018.1514353
Vece, Loretta, Sutter, Rebecca, Sutter, Caroline, and Toulouse, Cheryl. "Impacting Vulnerable Populations Through Integrating Oral Health Care Into Nurse-managed Health Centers." The Journal for Nurse Practitioners 12.9 (2016): 629-34. Web.
Sutter-Barrett, R; Sutter-Dalrymple, C & Dickman, K. (2015) Bridge Care Nurse-managed Clinics Fill the Gap in Health Care, Journal for Nurse Practitioners, Volume 11, Issue 2, p.265
Evans, Joanne, Magee, Alexandra, Dickman, Kathy, Sutter, Rebecca; and Sutter, Caroline. "A Plant-Based Nutrition Program." *American Journal of Nursing* 117.3 (2017): 56-61. Web.
10th National Doctoral Conference ANCC, January 2017. Podium Presentation Title: Academic Practice Partnerships- Exemplars

Selected Professional Presentations

GoVirginia Region 3 Conference, June 2023.
Title: Talent Pathway Plan for Health Science Careers
VDH: Virginia Nursing Stakeholder Conference, August 2023.
Title: Using the Data to Tell the Story of the Health Workforce
National AHEC Conference, June 2023.
Title: Virtual Community of Practice - Innovation for Collaboration
VALHSO Conference, September 2022.
Title: Nursing Workforce Updates
Academy Health Annual Research Meeting, June 2019. Poster Title: Bridge Care Clinics: Expanding the Healthcare Safety Net.
Osher Lifelong Learning Institute (OLLI): Presentation, May 2016. Title: Bridge Care Clinics: Expanding the Healthcare Safety Net.
Mason CHHS Nursing Leadership Conference 2016, April 2016 Podium Presentation. Title: High-Need, High-Cost Patients: Innovative Solutions.
Academy Health Annual Research Meeting, June 25, 2016: Poster. Title: Bridge Care Clinics: Expanding the Healthcare Safety Net.

9th National Doctors of Nursing Practice Conference October 2016: Podium Presentation.

Title: Developing New Providers: Academic-Community Practice

Funded Grants

Senate Appropriations for Center for Health Workforce at Mason (Labor-HHS Education) 2023-24 (pending budget approval)

(PI). Proposed Amount: \$\$921,000

GoVirginia Region 3: Expanding the Regional Health Science Pipeline

(I). (2019-Current) Funded Amount: \$150,000

GoVirginia Region 7: Project Collective Impact: Life Science Workforce Preparedness

(I). (2021-Current) Funded Amount: \$125,000

Claude Moore Charitable Foundation: Center for Health Workforce at Mason

(I). (2019-Current) Funded Amount: \$9.5 Million

Northern Virginia Area Health Education Center

(PI). (2017-2022) Funded Amount: \$400,000 ongoing.

SAMHSA: Train to Engage, Access and Motivate for Substance Use Prevention

(PI). 2016-2021) Funded Amount: \$6.7 Million

Mason Provost Multidisciplinary Research Initiatives

(I). (2019-2021) *Title: Building Linguistic and Cultural Competence and Critical Consciousness: Exploring Pathways to Civic Engagement and Social Justice.* Funded Amount: \$85,000

HRSA Advanced Nursing Education Workforce (ANew)

(PI) 07/01/18-06/30/20 Funded Amount: \$1.4 Million

HRSA Nurse Education Practice, Quality and Retention (NEPQR)

(I) 07/01/2018-06/30/22 Funded Amount: \$1.6 Million

HRSA Nurse Education Practice, Quality and Retention (NEPQR)

(I) 07/01/2016-12/31/18 Funded Amount: \$986,000

HRSA Advanced Nursing Education (ANE)

(PI) 07/01/14-06/30/17 Funded Amount: \$1.04 Million

Virginia State Budget- Line Item: Mason Military Nursing Pathway (MMNP)

2015- This amendment provides \$162,521 GF in each year to support the Mason Military Nursing Pathway (MMNP) at George Mason University (GMU).

Funded Amount: \$162,521 GF

Potomac Health Foundation: Mason and Partners Clinic expansion, capital funding grant, April 2014

(I) Funded Amount: \$287,000

Teaching Experience

Academic Courses Coordinated

NURS 981	Practice Inquiry II
NURS 980	Practice Inquiry I
NURS 922	Clinical Practicum II
NURS 921	Clinical Practicum I

Academic Courses Developed

NURS 981	Practice Inquiry II
NURS 980	Practice Inquiry I
NURS 922	Clinical Practicum II
NURS 921	Clinical Practicum I

Academic Courses Taught

Doctoral Program

NURS 981 Practice Inquiry II
NURS 980 Practice Inquiry I
NURS 922 Clinical Practicum II
NURS 921 Clinical Practicum I

Master's Program

NURS 738 Family Primary Care I
NURS 739 Family Primary Care II
NURS 744 Family Primary Care Practicum II
NURS 742 Family Primary Care Practicum I

Undergraduate Program

NURS 343 Pharmacology
NURS 388 Problem Based Clinical Inquiry
NURS 453 Nursing Research
NURS 465 Professional Transition and Role Integration

Doctoral Committees

Student Name	School / Dept	Years	Dissertation topic	Role
Jane Ludwig	Nursing	2021-2023	Evaluation of Health Education in Inclusive Care for LGBTQ+ Clients in the Primary Care Setting; Informing and enlightening providers of clients' perspectives.	Chair
Doris Cudjoe Owusu	Nursing	2021-2023	Improving Adult ADHD Diagnosis, Treatment and Adherence.	Chair
Amanda Marie Sallberg	Nursing	2021-2023	Success Toolkit: Passing the NCLEX	Chair
Nora Elnahas	Nursing	2019-2021	Creating a Sustainable System of Support for Families affected by Opioid Disorder	Chair
Catherine Lancaster	Nursing	2019-2021	Who provides support when the nurses are on their own?: Implementing a virtual community of practice for Virginia School Nurses	Chair
Kayla Potter	Nursing	2019-2021	Routine Screening of NICU Parents Using the PSS:NICU	Chair
Tracy Davidson	Nursing	2018-2020	Answering the Call for a Trained Primary Healthcare Workforce: A Program	Chair

			Evaluation of the Northern Virginia AHEC Scholars Program	
Teresa Vu	Nursing	2018-2020	Elevating Maternal Mental Health Care Through Routine Screening of Prenatal Depression	Chair
Reyna St. Germain	Nursing	2018-2020	Identification and Navigation of High Risk Children to Systems of Support: A Quality Improvement Project	Chair
Karleny Beltran	Nursing	2018-2020	Launching a Health Literacy Initiative: A Free Clinic's Effort to Become a Health Literate Organization and Improve Quality of Care	Chair
Geetanjali Jain	Nursing	2018-2020	A quality Improvement project to improve health literacy and to increase medication adherence in patients in a primary care setting.	Chair
Adriazola, Ana	Nursing	2015-2017	Colorectal Cancer: Risk Stratification of the Vulnerable Population	Chair
Richards, Stephanie	Nursing	2015-2017	Bridging the Gap: Stratifying the Health Care Needs of Immigrant Youth Through a First Encounter Screening Program	Committee member (1 st Reader)
Mancoske, Paulina J.	Nursing	2015-2017	A Clinical Decision Support Tool for Expedited Partner Therapy	Committee member (1 st Reader)

Awards, Community Outreach and Professional Memberships

- 2019 George Mason University Alumni Association Outstanding Service award
- 2017 AANP Virginia Nurse Practitioner of the Year
- HRSA P4 Challenge: The CHILDS Project: A collaborative project with George Mason University SON, Virginia Department of Education, Virginia Department of Health, and Manassas Park City Schools. Awarded: \$35,000.
- George Mason University Covid-19 Response Team: Vaccine Management lead
- National Organization of Nurse Practitioner Faculties (NONPF): Member since 2019
- Association for Clinicians of the Underserved: Member since 2019; Conference Planning Committee
- Remote Area Medical Volunteer Corps- Volunteer May 2019-Current

Service

University

GMU Social Justice & Advocacy Group Member (2019-present)
University- Report of the Committee on Medical School (2018-2021)
University- Center for Health Workforce Co-Founder/Co-Director (2021-present)
University- GMU Social Justice & Advocacy Group (2019-present)
College – CEPH Accreditation Committee Workforce Lead (2022-present)
College – MAP Clinic Co-Director (2012-2021)
College – Chair Curriculum Committee (2014-2019)
School – Faculty Org Chair (2023-present)
School – Ad Hoc Term Faculty Search Committee (2019, 2020, 2021)
School – Term Faculty Promotion Committee (2021, 2022)
School – Program Evaluation (2018-2020)
School – Faculty Council (2017-2019)
School – Chair Curriculum Committee (2014-2019)
School – Mason PATH advisory board Member (2013-2015)

Community

- Special Advisor to Virginia Health Workforce Development Authority (2021-Present)
- Special Advisor to GoVirginia Regional Health Workforce Partnerships (2022-Present)
- Special Advisor to Virginia Health Workforce Development Authority (2021-Present)
- Advisory Board Member, NOVA Community College, Nursing Department (2013-2021)
- Partnership for Healthier Fairfax Coalition (2017-present)
- Advance Advisory Council (NVCC/GMU Partnership) (2017-present)
- SBIRT Council of Directors, (2015-present)
- Prince William County Medical Reserve Corps (MRC) Member (2013-present)

References

Available upon request.